

# Diet Re-Set Inventory

## **FREEZER**

<i>Item</i>	<i>Compliant?</i> <small>(Allowed on your diet?)</small>	<i>Quantity</i> <small>(/ Available; X Used)</small>											
SAMPLE: Ground Beef, 1 lb.	No	/	/	/	/	/	/	/	/	/	/	X	X

## **REFRIGERATOR**


## **PANTRY**


<i>Item</i>	<i>Compliant?</i> <small>(Allowed on your diet?)</small>	<i>Quantity</i> <small>( / Available; X Used)</small>							